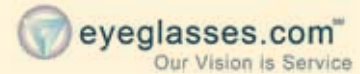


# HealthSelect<sup>SM</sup> of Texas



## Health Discount Program. Be Healthy. Save Money.

Our health discount program helps you and your family save typically 10 to 25% on many health and wellness products and services that may not be included in your benefit plan. It's easy — see the back of this page to find out how!

### SO MANY WAYS TO SAVE

Starting September 1, find discounts to help you save on wellness services and products including:

- Weight management from Jenny Craig<sup>®1</sup>, Nutrisystem<sup>®</sup> and other popular programs
- Nutrition counseling
- Fitness clubs<sup>2</sup> including Anytime Fitness<sup>®</sup>, Bally Total Fitness<sup>®</sup>, Curves<sup>®</sup>, Gold's Gym<sup>®</sup>, MyGym<sup>®</sup> and Snap Fitness<sup>®</sup>
- Fitness equipment and apparel
- Natural products and foods
- Stress reduction and relaxation resources
- Smoking cessation programs

<sup>1</sup> Food and, if applicable, shipping not included.

<sup>2</sup> Availability varies by geographic area; applies to new memberships only.



# HealthSelect<sup>SM</sup> of Texas

## HOW TO GET YOUR DISCOUNTS

Remember to always use your health benefits for covered services, and use the health discount program for those services that you must pay for yourself. No referrals are required for the health discount program, and there are no claim forms to submit. To locate participating health care professionals, programs and online retailers:

1. Go to **www.myuhc.com/hs** and create your online account.\*
2. Once you log into your online account, click the **Extra Programs and Discounts\*\*** link.
3. To search for a provider, program or online retailer, select a category (such as Alternative Care) and a specialty (such as Massage).
4. For individual providers: Click **Select This Provider** to generate a discount confirmation. **Be sure to print the discount confirmation and take it with you to your appointment.** Note that the confirmation is simply your rate guarantee. You are under no obligation to visit the selected provider.
5. Make an appointment, make sure to identify yourself as a UnitedHealth Allies® discount program member and pay the discounted rate at the time of service.

For national providers such as weight loss programs or our online shopping partners: Simply follow the instructions on the **Provider Profile** page to purchase products or services at the discounted rate. No confirmation is necessary.

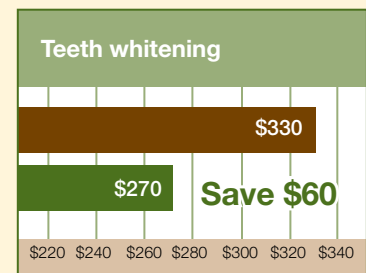
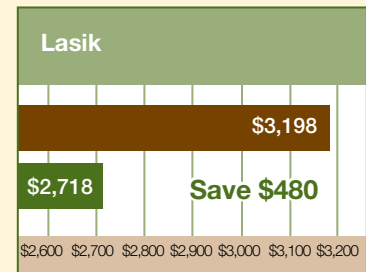
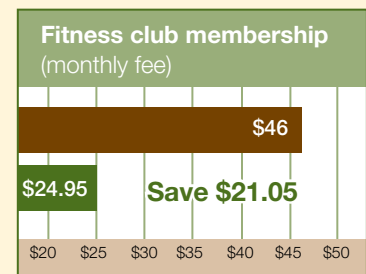
\*Starting September 1, 2012.

\*\*After logging into your account and linking to the health discount site, if you are not automatically logged in to the health discount program website, click on **First-time users: Create Account** and follow the instructions. Or, call the Customer Care Team toll-free at **(866) 336-9371**.



**Why pay full price for your out-of-pocket health care? Use the health discount program and save.**

- Cost\*\*\* without health discount program
- Cost\*\*\* with health discount program



\*\*\*Savings examples based on fee schedules and mystery shopping data. Your actual savings may vary based on the provider you select, the geographic area in which you live and the care you require. Providers may not be available in all areas.

ERS cannot and does not guarantee the length of time that a specific type of "Value-Added" product shall be offered. Any questions or concerns about these products should be directed to the sponsoring vendor listed.

Disclosure: The UnitedHealth Allies® discount plan is administered by HealthAllies®, Inc., a discount medical plan organization. **The UnitedHealth Allies discount plan is NOT insurance.** The discount plan provides discounts at certain health care providers for medical services. The discount plan does not make payments directly to the providers of medical services. The discount plan member is obligated to pay for all health care services but will receive a discount from those health care providers who have contracted with the discount plan organization. HealthAllies, Inc., is located at P.O. Box 10340, Glendale, CA, 91209, 1-800-377-0263, www.unitedhealthallies.com, ohacustomer@optumhealth.com. Components subject to change. Administrative services provided by United HealthCare Services, Inc. or their affiliates.